# VIRGINIA ASSISTANCE PROGRAMS

## **COMMON HELP** https://commonhelp.virginia.gov/access/

CommonHelp is the Commonwealth of Virginia's fast and easy way to apply online for the following social services assistance programs through a single online site, you can find out for what assistance you might be eligible and submit one application saving you time and effort. To get help filling out the online application, call 1-855-635-4370. You can get more information and fill out paper forms by calling Fairfax County Department of Family Services 703-324-7500.

#### **Child Care Services**

Financial assistance is provided to eligible families to help with the cost of child care so they can work or attend education programs

### **Energy Assistance (Fuel, Crisis, or Cooling)**

Low-income households may receive assistance with their energy bills.

#### **Food Assistance (SNAP)**

SNAP can be used like cash to buy eligible food items from authorized retailers.

#### **Health Care Coverage (Families & Children)**

Children's Health Insurance (FAMIS/FAMIS Plus)

**Pregnant Women** 

#### **Health Care Coverage (Other)**

Aged, Blind, or Disabled (ABD)

Medicare Part D Costs

Savings Program (Medicaid for Medicare

Beneficiaries)

#### Temporary Cash Assistance for Families with Minor Children (TANF)

TANF is designed to help needy families achieve self-sufficiency. Virginia has received block grants to operate programs that accomplish this.

#### **Auxiliary Grant**

The Auxiliary Grant (AG) Program provides financial assistance to eligible individuals with Supplemental Security Income (SSI) and other low-income aged, blind, and disabled individuals interested in residing in a Department of Social Services licensed Assisted Living Facility or a local department of social services approved Adult Foster Care Home. The grant supplements the individual's income to pay the established AG rate. To apply call 703-3247500.

#### **DISABILITY BENEFITS**

Disability Benefits are handled by the Social Security Administration. You should apply for disability benefits as soon as you become disabled. Complete your application online, https://secure.ssa.gov/iClaim/dib. To get help or to set up an appointment to apply in person, call their toll-free telephone number 1-800-772-1213. Social Security pays benefits under two programs. For most people, the medical requirements for disability payments are the same under both programs and disability is determined by the same process.

<u>Social Security Disability Insurance (SSDI)</u> pays benefits to you and certain family members if you worked long enough and paid Social Security taxes.

<u>Supplemental Security Income (SSI)</u> pays benefits to disabled adults and children who have limited income and resources even if they don't qualify for Social Security